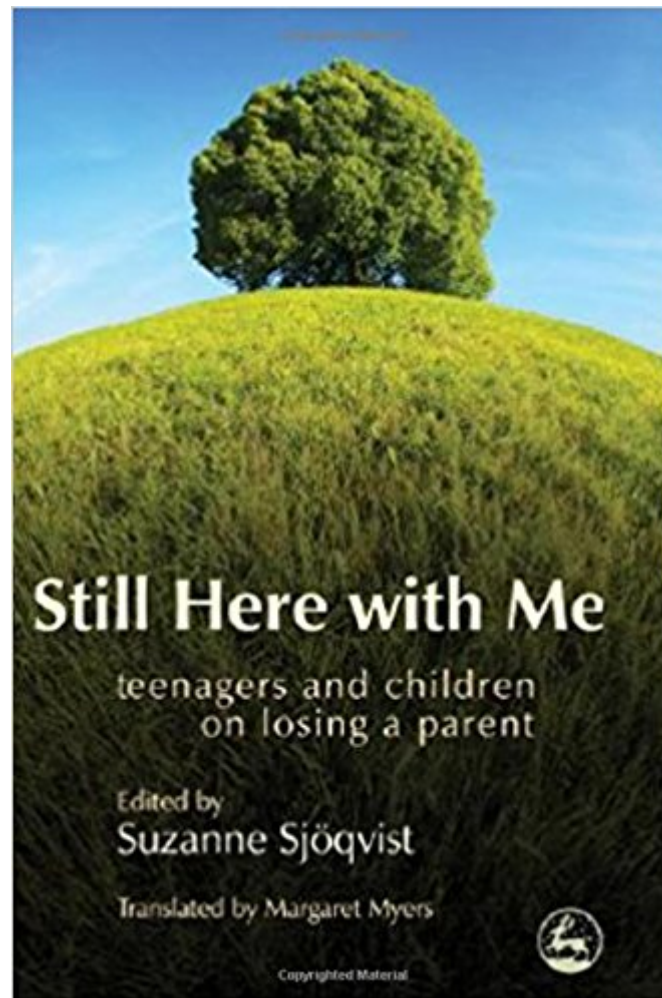


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# Still Here With Me: Teenagers And Children On Losing A Parent



## Synopsis

Winner of the Young Minds Book Prize 2007 This book is a moving and thoughtful anthology of the experiences of thirty-one children and teenagers who have lost a parent. In their own words, children and young people of a variety of ages talk openly and honestly about losing their mother or father. They describe feelings of pain, loss and anger, the struggle to cope with the embarrassed reactions and silence of others, and the difficulties involved in rebuilding their lives. They also share happy and loving memories of their parents, and talk about the importance of remembering while learning to accept their parent's death. The accounts cover a variety of circumstances in which a parent died, including death from cancer, heart attack and involvement in an accident. Taboo experiences which are often avoided are also covered, including death through alcoholism, natural disaster, war, suicide, and domestic violence. The book displays a courageous and insightful group of children and young people who prove that it is possible to talk openly about these subjects without stigma. *Still Here with Me* will be a valuable source of information and comfort to young people who are struggling to cope with the loss of a parent. It will also provide insights into the needs of grieving children for parents, teachers, social workers and other professionals.

## Book Information

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## Customer Reviews

My review uses Suzanne Sjoqvist's book with its rich narratives as a source of inspiration. It is really a "must have" for anyone who works with children and young people. -- International Journal of Children's Spirituality I would recommend it to counsellors in training, as it is one of very few contributions by young people to the literature. -- Bereavement Care A worthy winner of the Young

Minds Book Prize, *Still Here with Me* is a helpful resource not only for young people experiencing bereavement, but for all those in contact with such children. -- *Children and Young People Now*

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Stories only. It didn't help me deal with loss.

Making sense of the loss of a close loved one is difficult especially for children suffering the loss whether or not expected of a parent. I bought this book because I wanted to have insight into what my daughters (age 6 and 12) are experiencing with the recent unexpected loss of my husband (their father). I wanted to be able to understand what they are feeling in order to help them with my best abilities. What I learned, is that kids grieve similarly regardless of method of death and that the key is to be supportive and provide a means of expression of their grief. Even children in rough circumstances recuperated and adapted with appropriate support. Additionally, I learned that this book contains the expressions of Swedish Children and I commend the Sweds for being more supportive socially, able to have more resources available, and for their ability to discuss these issues openly and with finesse. I bought several books and this one truly touches on the exact interactions and encounters seen and to be expected whereas, some American authors who disappointingly didn't have any professional experience or backing to their work lacked flow and cohesion. This may be due to the fact that culturally Americans are inept when it comes to grieving and talking about death. People seem to view those who talk about these subjects as diseased lepers. Tara Ohio, USA

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